
Dr. Nicholas Gonzalez

By Helke Ferrie

Vitality Magazine November 2010

“... if you are an honest scientist, it doesn't matter if it's moon dust - if it's working, you have got to follow through... I also believe that truth always comes to the top... I have done what I have done because of the truth of it, and the truth has proven to be only truer as I've gotten further into ... this quest, and the results have been my greatest joy. We have found the fundamental way in which nature works with cancer, and it's extraordinary. It is the greatest reward I could ever ask for.”

Dr. Nicholas Gonzalez

The keynote speaker at this year's Whole Life Expo is Dr. Nicholas Gonzalez of New York, one of a small number of doctors who succeed with cancer beyond the wildest dreams of establishment oncology and thereby put the lie to the pharmaceutical hype that fuels a cancer industry ringing in at hundreds of billions of dollars, while fooling millions of desperate and bewildered patients. “I've been told drug companies know about my work but hope I get hit by a bus” he observes wryly.

Examining evidence in the light of one's own understanding, rather than accepting other people's interpretations, and then departing from established norms somehow always winds up as an ordeal by fire - at the stake in past centuries, or in trials by regulatory bodies who know how to torture and cripple in contemporary ways. Orthodoxy of any stripe never is what it pretends to be, but constitutes a rigorous system designed to protect revenues, power, and egos, and thus serves an elaborate structure which “enjoys the comfort of opinion” and defends in every way possible against “the discomfort of thought”, as John F. Kennedy put it.

Yet, every orthodoxy is cracked by some heretic arising within that system, in this case decorated with academic honors galore, such as Dr. Gonzalez, an immunologist and medical doctor, who received his degrees from Columbia and Cornell universities. His mentor was none other than Dr. Robert Good, a world-famous oncologist and the then director of the Memorial Sloan-Kettering Cancer Center. Dr. Good encouraged him to examine the cancer treatment developed by a maverick dentist, Donald Kelley. Having cured himself of pancreatic cancer, just about the deadliest one there is, Kelley developed a protocol based on the earlier work by Dr. Max Gerson and the discovery made in the early 1900's by John Beard of Edinburgh University about the central importance of pancreatic enzymes for cancer prevention and treatment.

Starting in 1981, Dr. Gonzalez systematically studied 10,000 cancer cases from Dr. Kelley's files, but the book Gonzalez wrote on this project, *One Man Alone*, in 1987 was stonewalled by all publishers: it became available finally this year, and you can buy it at the EXPO. Kelley was hounded throughout his life by the establishment, imprisoned, and bankrupted. Similarly, Dr. Gonzalez was put through various disciplinary trials and punishments, also in an effort to stop the heresy of curing cancer with enzyme therapy, nutrition, and detoxification protocols. When the US National Institutes of Health and the American government and various cancer organizations found themselves unable to stop Dr. Gonzalez' success with cancer patients, they tried to mess with his clinical trials instead - a horrendous story, now in press, and reviewed in Vitality's October issue. Unlike the tragic Kelley, Dr. Gonzalez is prevailing.

At the heart of the battle are two opposing views on cancer. Orthodoxy sees the cancer patient as a battlefield and embarks on what Dr. Julian Whitaker describes, in Suzanne Somers' absolutely superb book, *Knockout*, as a "search-and destroy mission to purge the body of cancer cells ... find a tumor, cut it out, poison it with chemotherapy, or obliterate it with radiation"; the result of this approach has been that "for the past half century the death rate for cancer has not budged." All wars are extremely lucrative for the weapons' industry and very bad for the health of those on the receiving end of that industry's products.

The opposing view, Dr. Gonzalez told Somers, is that "tumors are not the illness, but rather the body's way to sequester waste material ... the tumor has a purpose ... [it is] a sign that the body is too filled with toxins, and these can overwhelm the liver's ability to process them, [then] confronting the body with an enormous load of toxic waste that produces tumors which are like accessory livers ...", namely additional, desperately and hastily constructed toxic waste dumps.

For Drs. Beard, Gerson, Kelley, Gonzalez and other past and contemporary heretical cancer doctors, the body is not a battlefield, but rather an exquisitely constructed living entity capable of perfect self-repair. It requires biologically appropriate and bio-friendly assistance in order to do its inherent repair process in all those ways it knows better than any doctor could ever hope to understand. This sort of therapeutic dialogue with the cancer, and a body known to be capable of self-repair, is fundamentally nurturing; it also does not generate obscene wealth for any body of professionals, nor for any kind of industry, arms or drugs.

Howard Straus, Dr. Max Gerson's grandson working at the Gerson Institute, and Dr. Gonzalez observed in a recent as yet unpublished paper: "The human body is made up of about 100 trillion cells ... All cells in the body are replaced at least once every year and a half. Many structures (such as the liver or the lining of the intestines) are replaced in days or weeks. When the organs are replaced, they are replaced with healthy, new cells. This replacement and repair process generates 180 billion cells per day and also, simultaneously removes exactly as many dead cells every day" in a perfect 1:1 ratio, or any one organ would decrease or increase in size and create unimaginable problems. Toxins interfere with this process and without proper nutrients their work is stopped. Then the immune system cannot work properly either. "There is no need to 'stimulate' the immune system, as many [pharmaceutical] immune therapies today attempt to do; the immune system is designed and optimized to repair any dysfunction on its own ... Once the proper support is supplied to the immune system, it awakens and acts with a speed and power that can only be termed awesome to behold."

This perfectly balanced process of health maintenance can only function properly if our bodies receive healthy (bio-identical) fuel, otherwise cancer may begin. "Everything in our bodies comes from one place: our diets," states Dr. Gonzalez. "Nutrition is key. It's the foundation. It's not the end, it's the beginning. It's the ultimate foundation for good health. If you don't have that, nothing else is going to work." But, he continues, the fact is that "we treat our cars better than we treat our bodies. No one would think about putting the wrong fuel into their expensive car, but [people] go and put the biggest pile of junk into their mouths" and are shocked to find that their cancer diagnosis stems from the garbage the food industry serves up. Indeed, so much of what we eat - often unknowingly - is outright carcinogenic. Back in the late 19th century Sir William Osler already observed that we "dig our graves with our knives and forks."

If indeed it is so "simple" to cure cancer and prevent it by removing the garbage and providing healing nutrients, instead of bombarding the body with even more toxic substances (imagined to be the appropriate weapons of cellular mass destruction), "it would put an end to all the marches and research dollars, and most of all to a big huge chemotherapy business [of] \$ 200 billion a year", observes Suzanne Somers. Well, the proof is in that it is that simple - *and* that complex, and certainly possible.

The underlying complexity of nurturing protocols is startling in its effect. Any one biological substance affects multiple targets at once, and all of them interact with each other. The notion of sending one synthetic chemical - name any cancer drug on the market - into a system in which trillions of intelligent cells communicate simultaneously with each other, and expecting to hit a target imagined to be the enemy, like some sort of smart bomb, is so silly as to leave one speechless. In war, smart bombs always have collateral damage - information usually suppressed to the preserve political spin of the day. In cancer therapy, devastating side effects to such "smart" drugs are equally downplayed to preserve profits. As a member of the cancer establishment, said to Suzanne Somers: "The truth is, we don't want to find a cure for cancer. It's too big a business."

Once a lie begins to become apparent and doubt arises, more and more people begin to think in different and new ways, too. On a daily basis the internet-based medical research websites report on how very wrong the cancer establishment in fact is on just about everything once considered unquestionable. A decade ago, the American Cancer Society absolutely denied that nutrition has anything at all to do with cancer prevention or could be useful in treatment. However, the President's Cancer Panel Report this year stated exactly the opposite. Indeed, now basic research scientists are even identifying the natural chemicals found in specific foods that help the body prevent cancer, such as are found in broccoli and similar plants. We learn now, that exposure to toxic environmental chemicals, once denied as even existing, can program the body for cancer decades later; the timing process of these evolving time bombs is beginning to be understood also. The newly initiated Cancer Genome Project, designed to examine a great many different cancers, will undoubtedly provide information on why the work of Dr. Gonzalez and his past and present colleagues are working - after all we knew that sunshine and cod liver oil prevented and cured rickets long before we knew why and how.

As for the battlefield approach to cancer patients' bodies, it is gratifying to see how the establishment must time and again acknowledge that their weapons usually injure, and do not nurture or protect. The reports are in on how pharmaceutical drugs which are intended to treat symptoms of diabetes, high blood pressure, depression and more, go on to cause cancer. Only a couple of years ago anyone, like myself, asserting that mammograms and CAT scans are bad news and should be avoided because radiation causes cancer, was treated like an ignoramus of the most dangerous type. That, too, has changed, and the establishment even admits that it is now known exactly *how* these more often than not unnecessary diagnostic or "preventive" tests cause cancer. They even admit that cancer is dangerously over-investigated through the use of these and other routine tests on people already diagnosed with cancer, thereby further decreasing their life expectancy and quality of life.

Yet, the statistical musical chairs claiming that cancer is decreasing still goes on. Recently, the statistical decrease in certain cancers was hailed as just ever so wonderful, turning out to be an insignificant 1.3%. There are, however, some trends showing a decrease of certain cancers which nicely dovetail with the decline in the use of the birth control pill and the increasing refusal to undergo cancer-promoting mammography; women are turning more and more to non-invasive thermography.

Best of all, the truth about the underlying fraud and sleaze is emerging at a rate that I find difficult to keep up with, even though I study this nauseating stuff on a daily basis: for example, the fraud in breast cancer research most of which is based on the use of the wrong cell lines; or the all-pervading conflicts of interest in cancer research resulting in lucrative fantasies rather than science, are just two instances. The literature on the uselessness and deadly nature of chemotherapy is now mainstream and found in the leading journals with recommendations to drastically decrease its use.

Truly astounding, and in a weird kind of way encouraging, is the disillusionment oncologists are voicing. Suzanne Somers tells us of an oncologist who lamented: "I dream of the

day when I no longer have to poison people.” Indeed, so do we all. Maybe, in the not too distant future cancer patients and their doctors will stop the war on cancer and join forces and work together with the magic and mystery of biological healing.

This year, you will have the thrill and the privilege to hear how cancer can be cured and learn how medicine can be nurturing instead of dangerous and destructive. Attending Dr. Gonzalez’ lecture and workshop will be something you will never forget.

Resources:

Somers, S. *Knockout - Interviews With Doctors Who Cure Cancer*, Crown, 2009
Beard, J. *The Enzyme Treatment of Cancer And Its Scientific Basis*, New Spring Press 2010 (the reprint of the 1911 book introduced by Dr. Nicholas Gonzalez)
Gonzalez, N. & Isaacs, L. both MDs, *A Clinical Trial*, New Spring Press, 2010 in press
Gonzalez, N. & Isaacs, L. both MDs, *The Trophoblast and the Origins of Cancer*, New Springs Press, 2009
Gonzalez, N. MD, *One Man Alone - An Investigation of Nutrition, Cancer and William Donald Kelley*, New Spring Press, (1987) 2010
Moss, R. W. *Questioning Chemotherapy*, Equinox 2000
Faguet, G. B. *The War on Cancer - An Anatomy of Failure*, Springer, 2005
Davis, D. L. MD, *The Secret History of the War on Cancer*, Basic Books, 2007
For the complete list of sources, go to Vitality’s website version of this article.
The statements by Dr. Gonzalez are taken from Suzanne Somer’s interview published in *Knockout* in 2009 and from a 1995 interview by Moneychanger, available on Dr. Gonzalez’ website www.dr-gonzalez.com

Dr. Gonzalez will be available at Booth 258 (Kos Publishing Inc) Saturday November 27.

Sources (on Vitality website):

E. M. Ward et al. Research Recommendations for Selected IARC-Classified Agents, *Environmental Health Perspectives*, July 2010; published simultaneously in the *Journal of the American Cancer Society*, July 15, 2010 under the title: Knowledge gaps for 20 carcinogens outlined. The project, on which these articles are based, was begun by the National Institute for Occupational Safety and Health (NIOSH)

The 20 “high-priority” items that the American Cancer Society calls for to be thoroughly investigated for their ability to cause cancer are: all lead compounds, indium phosphide, cobalt with tungsten carbide, titanium dioxide, welding fumes, refractory ceramic fibers, diesel exhaust, carbon black, styrene-7,8-oxide and styrene, propylene oxide, acetaldehyde, dichloromethane and methylene chloride (DCM), trichloroethylene (TCE), tetrachlorethylene (perc, tetra, PCE), chloroform, polychlorinated biphenyls (PCBs). This is significant because all of these are already known to medicine to be toxic to the nervous system, but their ability to cause cancer has not been as fully studied as it should.

Reducing Environmental Cancer Risk - What We Can Do Now - the 2009 Annual Report of the US President’ Cancer Panel

This report advocates organic food, warns against the cancer-causing properties of pharmaceutical drugs especially when found in the water supply, and re-defines cancer as an environmentally triggered disease.

On May 29, 2010, California announced, that in the light of the overwhelming evidence that fluoride is a cancer-causing agent, it would study the carcinogenic properties of fluoride as a top priority with a view to reduce its use. See: www.oehha.ca.gov/prop65/public_meetings/cicagenda051509.html

Environmental Health published in July 2010 the evidence supporting the cancer-causing properties of cleaning products used widely in North America. This will make it difficult for the manufacturers to hide behind the “association” myth.

New York Times, October 21, 2009 ran an article by the chief medical officer of the American Cancer Society. He stated that mammograms are not as useful as thought to be. "The advantages of screening have been exaggerated." The PSA test for prostate cancer was discussed in the same way - as unreliable and inappropriately overused.

Published in December of 2009, the US Preventive Services Task Force announced that mammography can cause cancer and should be used very sparingly if at all, because repeated screening increases the chances of breast cancer significantly. These findings were also published in the *Journal of the National Cancer Institute* which warned especially women carrying the Breast Cancer Gene 1 and 2 because they are thought to be most vulnerable to the cancer-causing activity of mammography radiation. For these and related publications go to www.naturalnews.com for the year 2009, especially entries for June 9. See also Dr. Mercola's website for a summary of the published evidence on the dangers of CAT scans and their power to increase cancer, September 25, 2010. His citations include the observation from the *New England Journal of Medicine* that annually in the US at least 30,000 unnecessary CAT scans are done leading to about 14,500 additional and preventable cancer cases.

The *Journal of the American Medical Association* also published on October 13, 2010, that a far too large number of already diagnosed cancer patients are continuing to be screened for additional cancers which does not serve any purpose at all other than routine and profits.

The Radiology Society of America published findings that screening for breast cancer increases the risk of breast cancer incidence and called for a drastic reduction in this sort of screening in their journal *Radiology*, August 24, 2010. Given it is their own business these radiologists are hurting by such findings, the information appears to be more reliable than from any other source.

The follow-up research on the largest ever study on cancer in women, the Women's Health Initiative once again confirmed that synthetic hormone replacement therapy (HRT) increases the risk of cancer significantly in postmenopausal women. The source for this research is the *Journal of the American Medical Association*, volume 304 (15) pp: 1719 ff and pp. 1684 ff., both October 2010. (Bio-identical hormones do not carry this risk.)

First opposed by Big Pharma to the best of their ability, it is now so well understood exactly how synthetic hormones (i.e. hormone replacement therapy) cause breast cancer, that attempts are under way to prevent this in any future drug design (Helke's personal and irreverent comment: fat chance!). See *Nature*, September 29, 2010, on the RANKL study which established this.

Published on April 1, 2010, in the *British Medical Journal* and on April 2, 2010, in the journal of *Occupational and Environmental Medicine* it was reported that proof is in that exposure to toxic chemicals before the age of 30 increases the risk of especially breast cancer significantly. The chemicals concerned were listed and explained in detail.

On the much hyped cancer drug Tamoxifen which supposedly reduces the recurrence of breast cancer and has been prescribed to tens of thousands of women after a first time event of breast cancer is now clearly established as causing cancer itself: *Cancer Research*, July 1, volume 69, 2009 issue, which is the official journal of the American Association for Cancer Research. It discusses how this drug stimulates cellular changes in the uterus and ovaries leading eventually to cancer.

Research from the University of Texas M.D. Anderson Cancer Center presented at the American Association for Cancer Research 101st Annual Meeting showed that meat - especially if well done, significantly increases the risk of especially bladder cancer.

Fortune Magazine published an article on how the "war on cancer" was lost by Clifton Leaf and Doris Burke on March 22, 2004. It discusses also the most important drugs used in mainstream cancer therapy and their failure to be useful. Can be accessed through the archives of the magazine.

The assertion that nutritional supplements can be used therapeutically has received important mainstream support:

1. The role of the mineral Selenium in decreasing bladder cancer risk was published in *Cancer Epidemiology, Biomarkers & Prevention* on September 13, 2010.

2. The importance of Vitamin E in preventing and treating prostate cancer was elucidated at a conference at Queensland University of Technology on October 24, 2010.
3. The link between increased vegetable intake and cancer prevention was reported from Boston University Medical Centre on October 13, 2010, and published in the *American Journal of Epidemiology* that month.
4. *Archives of Dermatology* (one of the JAMA journals) published on October 20, 2010, vol. 146, issue 10, the finding that basal cell carcinoma is essentially a vitamin D3 deficiency responsible for more than one million cases diagnosed annually. They conclude that this is preventable and screening for D3 status should be obligatory.

The assumption underlying the pharmaceutical industry's approach to cancer (shared by the Cancer Establishment) that one can target cancer cells and then knock out the development of cancer for good, has been challenged in favor of cancer as a systemic disease (as viewed by Gerson, Gonzalez and others interviewed in Suzanne Somer's book *Knockout*) by sophisticated basic research published in the journal *Chaos*; the authors are from Harvard Medical School and the American Institute of Physics: M. Imielinski & C. Belta. Deep epistasis in human metabolism, *Chaos - An Interdisciplinary Journal of Nonlinear Science*, vol. 20 (2), 2010.

The *American Journal of Pathology*, October 14, 2010 published a very important article by Z. Xu, A. Vonlaufen et al, Role of Pancreatic Stellate Cells in Pancreatic Cancer. It overturns the current ideas of how cancer spreads through the body. It has long been known that this happens through biopsies also (read why to avoid them in the interview with Dr. Nicholas Gonzalez by Suzanne Somers in her 2009 book *Knockout*).

The *Journal of Clinical Endocrinology and Metabolism* published in their October 10, 2010 issue an article showing how common treatments for prostate cancer cause bone decay in men (and don't work very well for the cancer either).

The journal *Lancet Oncology* published in June 2010 findings by I. Sipahi et al findings indicating that common blood pressure medications are cancer promoting.

The cause of mesothelioma, the cancer caused exclusively by asbestos (see Helke Ferrie's article of March 2009), is finally understood and the asbestos industry can no longer claim merely "association" and get away with mining this stuff. The report on this established causality was published in the Proceedings of the *National Academy of Sciences* in June 2010: Haining Yang et al. Programmed necrosis induced by asbestos in human mesothelial cells..."

The critical analysis of the Cancer Establishment undertaken for decades now by Ralph Moss on cancer is known the worlds over. On the internet an article of his from 1990 is especially helpful (as is his book *Questioning Chemotherapy*) especially because now it is even more relevant than it was 20 years ago: "Chemo's Berlin Wall Crumbles" - google it.

A very helpful and up-to-date resource for all you need to know about chemotherapy is the website of the Minnesota Wellness Publications: www.mnwelldir.org. Go to Fraud: Chemotherapy.

Another excellent website is called NaturalNews by Mike Adams. Use his search engine for chemo, radiation and surgery pertaining to cancer.

The Scientists (www.TheScientist.com) published on September 16, 2008, the full story on how the bulk of cancer research, specifically breast cancer, relies on incorrectly identified cell lines, thereby making the majority of the research based on unverifiable data. The problem was traced to a doctoral student James Rae at Georgetown University in Washington DC working then for pharmaceutical giant Astra Zeneca. Rae was not prosecuted and the mis-information, published in *Nature Genetics* in 2000 went viral throughout cancer research. Sorting out the

resulting mess was the subject of a conference held in 2008 at the London Health Sciences Centre in Canada.

A CLINICAL TRIAL

by Dr. Nicholas Gonzalez, MD

New Spring Press, New York; 2010

Reviewed by Helke Ferrie - Vitality October 2010

As the keynote speaker at Whole Life Expo 2010, immunologist Dr. Nicholas Gonzalez will conduct a workshop on his renowned cancer therapy, entitled: "Alternative Medicine Takes on Cancer - And Wins." Over the past decade, this cancer therapy appears to have so enraged the medical establishment, the pharmaceutical industry, and the regulatory system with its success, especially with the worst cancers (pancreatic and ovarian), that a gargantuan effort has been made to derail the formal clinical trial intended to examine this therapy. A Clinical Trial, his new book on that collusion between the highest levels of research and government, will be launched at the Expo on the weekend of November 26.

It is said that the pen is mightier than the sword. In this case the pen (or keyboard) of Dr. Gonzalez is a sword as well, and it cuts through the apparently impenetrable knots of deception with solid facts. Dr. Gonzalez has a university degree in English literature and worked for years as an investigative journalist for leading American magazines on stories involving fraud and politics. A chance meeting with Linus Pauling contributed to his decision to become a doctor - a cancer doctor - and he trained at the best universities and under legendary cancer researchers. Dr. Gonzalez writes like the best crime fiction writers with the purity, logic, and grace of great science writers, and with all sources meticulously documented. I often held my breath while reading the final draft of the pre-publication manuscript. Such books don't often happen, and when they do, they are events, not just information.

Vitality readers familiar with my work, and previous Expos, have come to realize that the only thing the Cancer Establishment has to offer is expensive treatment that: a) for the most part doesn't really work; b) sometimes prolongs life with cancer for a little while; and c) is based on statistical data that is artfully massaged, and "supported" by clinical research that is increasingly fraudulent and arises from a herd mentality also called bias. Dr. Gonzalez observes that "bias ... is always about feeling comfortable, secure and at ease with the familiar and ... is a fundamental, irrational, often fanatical disdain for someone or something not conforming to the accepted, perhaps a better word is imprinted, model, regardless of fact or reason."

The Gonzalez therapy is fundamentally ecological:

"The health of any ecosystem...depends...on the efficient cycling of many different nutrients. Should the process break down for even one critical element - such as calcium - the entire system, including its plant and animal populations, collapses, with the failure usually expressed initially as disease. To an ecologist, disease, whether in plant or animal, [is] ... the end result of unusual biologic stress, most often a deficit in nutrient cycling."

Unfortunately, this ecological principle is destroyed by "heroic" interventions of the cut-burn-and-poison type, which generate medical profits in the billions, effectively disregard the well-being of the patient, and ignore the biochemical realities underlying cancer causation and cure. (See my review of G. Faguet's The War on Cancer in the May 2007 issue of Vitality).

The current medical paradigm is so contaminated by fraud that even when fraud is proven, it is usually dismissed in order to maintain established norms at any cost. In A Clinical Trial, Dr. Gonzalez describes many such high profile cases, including bone marrow transplantation for the treatment of breast cancer. He poignantly observes:

“Let’s think what would happen if some alternative practitioner promoted a nutritional or herbal regimen that cost up to \$450,000 for a year’s worth of therapy, that was extremely toxic and ... killed 10-30% of those ... [who] undergo the treatment, [lacking] legitimate data to support its efficacy, and when tested the extraordinarily positive data reported ultimately proved to be fabricated? That alternative practitioner not only would be the subject of intensive legal and media attack, he or she would be in prison for fraud, for racketeering, you name it. But I know of no oncologist sent to jail [for providing treatments] in the complete absence of legitimate data.”

The astoundingly successful Gonzalez therapy involves “individualized diets, individualized supplement protocols and intensive detoxification. The diets ... range from largely raw food vegetarian, to fatty red meat [depending on the needs of the individual]. The supplement programs also vary considerably, providing vitamins, minerals and trace elements in differing forms and differing doses, as well as glandular and enzyme products, each chosen to meet ... [the] particular need [of the] patient. The detoxification routines ... help the body neutralize and excrete noxious waste products, including those released from dying and dead tumors [and] those toxic substances we take in from our increasingly contaminated environment.”

Fully understanding how the spin in the medical establishment actually works is prerequisite to informed consent - a legal term that has become, in practice, an oxymoron. Yet most of us are neither informed, nor do we have any idea what we are consenting to. Until we understand how we are being deceived, we cannot even recognize factual truth, let alone regain health.

A Clinical Trial by Dr. Gonzalez will be available for sale at the Whole Life Expo (November 26, 27, 28) at KOS Publishing’s booth 258. Dr. Gonzalez himself will be available for book signings at booth 258 following his 3-hour workshop on Saturday, Nov. 27 (1pm - 4pm). For more information on his workshop, see ad on page 126. Or go to www.wholelifeexpo.ca.